



Active Minds Active Bodies



The Animal Boogie

By Debbie Harter

Barefoot Books, 2005

Title: Animal Boogie - Use the soft cover edition that includes the Fred Penner CD
ISBN: 1905236220

Purpose: To encourage children to be physically active in response to the story. The children will have the opportunity to move like the animals in the book thus increasing their physical activity level and awareness of animal movements.

Active Movement: shaking, swinging, stomping, flapping, leaping, slithering, swaying

Suggested Space:

- Circle Time
- Outdoor space
- Large space
- Small space

Required Equipment: Stick puppet props developed for the story and a CD player.

Stick puppets are made by locating pictures of a bear, monkey, elephant, bird, leopard and snake. Use clip art or another picture source. Make a colour copy. On the back of each animal tape the action word associated with each animal. E.G. “stomp” on the back of the elephant. Preserve by laminating. Tape each animal to the top of a 12 inch long wooden dowel – available at hardware or lumber stores. .

Description: Introduce the title and author of the story. Read the story. Select a child from the group to hold the stick puppet and demonstrate how the animal moves. For example- shake like a bear holding up the stick puppet bear. As each page of the book is read a different child is picked to hold another stick puppet animal and demonstrate (with the teacher’s assistance) the specific animal movement. Children should be allowed to use as much of the physical space as possible. Encourage the children to move like the animal fast and slow, out to the edges of the room and back.

Closing Activity:

Once the story is complete introduce the children to the CD. Inform them that they will be listening and moving to the musical version of the story. The music and rhythm is upbeat and fun. The children will enjoy imitating the movements of each animal to the lively music.

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